

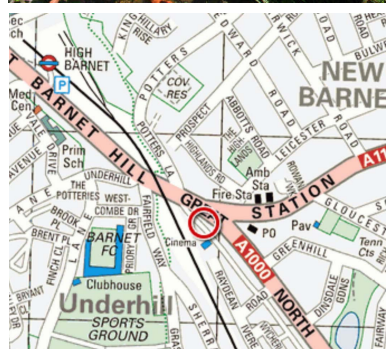
**London Loop 12 Elstree to Cockfosters
on Saturday 31 July 2010**

This visit has been organised by David and Gillian Pick

The definitive guide is “The London Loop” written by David Sharp, list price £12.99. This guide contains maps, directions, detailed descriptions of the local scenery and facilities on the route. You can also find a detailed guide at <http://www.walklondon.org.uk/uploads/File/sections/loop%2016%20directions.pdf> . This section takes us from Elstree to Cockfosters and is approximately 10 miles.

Aim to be at Elstree & Boreham Wood Station for a 10.30 start. The station is on the Thameslink from Kings Cross with four trains an hour on Saturday. From the station take the steps on the left of the station road and then left over the railway and then left again just beyond the garage and join the loop at Deacons Hill Road.

Points of interest are the air shafts ventilating the Elstree railway tunnel; Moat Mount site of the 1471 battle of Barnet during the War of the Roses, which is now a 140 acre woodland and open space as well as an outdoor centre and campsite; The Dollis Brook which later becomes the River Brent and joins the Thames at Brentford; and Livingstone Cottage



Lunch will be at the Queen’s Arms, Great North Road, New Barnet, Hertfordshire, EN5 1AB around 13.30 to 14.00.

Latecomers can contact me (David Pick) on my mobile number 07733555113 to find out where we are.