

**London Loop 15 Chingford to Chigwell Row
on Saturday 28 May 2011**

This visit has been organised by David and Gillian Pick

The definitive guide is “The London Loop” written by David Sharp, list price £12.99. This guide contains maps, directions, detailed descriptions of the local scenery and facilities on the route. You can also find a detailed guide at http://www.walklondon.org.uk/uploads/File/sections/loop_18_directions.pdf. This section takes us from Chingford Station to Chigwell Row and is about 12 km. Aim to be at Chingford Station by 10.30.

On leaving Chingford station we first pass below Bury Wood (part of Epping Forest), which dominates the northern view. A short climb brings us to Queen Elizabeth’s Hunting Lodge. Crossing the road brings us to a bridle track, which can be muddy in places. This leads us into the Roding Valley open space. The lake and the Roding river are a nature reserve. After crossing the M11 we enter Chigwell via Chigwell Rise. On the north side of the street are some very impressive “mansions” in a variety of styles. Chigwell has been described as “very much 'Footballers Wives' country with flamboyant modern mansions surrounded by security fences.” (George and Ruth can probably name the styles). After lunch we continue on to Chigwell Row via Green Lane and Three Forests Way to reach a Victorian Church at Chigwell Row. From here a 150 bus will take us to Hainault station

Lunch will be at the King William IV, High Road, Chigwell about 12.45. This new pub is opposite a small parade of shops and is north of Chigwell Station.

Latecomers can contact me (David Pick) on my mobile number 07733 555113 to find out where we are.

Roding Country Park

