

**London Loop 16 Chigwell Row to Harold Wood
on Saturday 16 July 2011**

This visit has been organised by David and Gillian Pick

The definitive guide is “The London Loop” written by David Sharp, list price £12.99. This guide contains maps, directions, detailed descriptions of the local scenery and facilities on the route. You can also find a detailed guide at <http://www.tfl.gov.uk/tfl/gettingaround/walkfinder/walkdetails.asp?id=94>. This section takes us from Chigwell Row to Harold Wood and is about 13 km. (8m).

Aim to be at Chigwell Row All Saints Church by 11.00. This is the terminus of the bus 150 from stop T on New North Road at Hainault Station (on Central Line).

This walk takes us through Hainault Country Park, a large open space, with its Millennium Beacon and fine views towards London. The Ascent into Havering-atte-Bower also provides us with some splendid views (and a convenient bench). On route we go through Havering Country Park along an avenue of giant sequoia.

Lunch will be at the Bear Inn (A Sizzling pub) Noak Hill Road, Romford, RM3 7LL 01708 381935. We then follow Carter’s Brook (later the Ingrebourne, which will eventually lead us to the Thames). “An unexpected steep sided sylvan dell in its urban setting.”

Latecomers can contact me (David Pick) on my mobile number 07733555113 to find out where we are.



The lake at Hainault Park.



The Millennium Beacon