

**London Loop 18 Rainham to Purfleet  
on Saturday 8 October 2011**

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This visit has been organised by David and Gillian Pick

The definitive guide is “The London Loop” written by David Sharp, list price £12.99. This guide contains maps, directions, detailed descriptions of the local scenery and facilities on the route. You can also find a detailed guide at <http://www.tfl.gov.uk/tfl/gettingaround/walkfinder/walkdetails.asp?id=97>. This last section takes us from Rainham to Purfleet and is about 8 km.. Aim to be at Rainham Station by 11.00.

This is the final section of the 152 mile walk. Unfortunately the first mile from the station till we meet the Thames is through an industrial site. The remainder of the walk is along the bank of the Thames. The section past Coldharbour is now open. We pass the remains of the concrete barges originally used to construct the Mulberry harbour that supported the D-Day landings.

Lunch and celebratory drink will be at the Royal Hotel in Purfleet. When we were there in March it was being refurbished (in anticipation of our visit!). Bird watchers can visit the near by Rainham Marshes Reserve complete with grazing cattle. Purfleet is one station outside zone 6! For those who have completed the whole loop <http://www.walklondon.org.uk/route.asp?R=1> provides the link to getting your certificate.

Latecomers can contact me (David Pick) on my mobile number 07733555113 to find out where we are.

### Autumn visitors to Rainham Marshes

Marsh harriers, arctic terns, bearded tits, thrushes, finches, skylarks, meadow pipits, jackdaws, stonechats, hen harriers, goshawks, merlins, peregrines, short-eared owls, barn owls, avocets, black-tailed godwits, white fronted geese, pintails, wigeons, crickets, butterflies, dragonflies, damselflies, stoats, weasels, red foxes (& REMS).

